



ILM 7 CERTIFICATE FOR EXECUTIVE AND SENIOR LEVEL COACHES AND MENTORS – 2025 Programme

A qualification offered by Lois Burton Ltd current preferred supplier for ILM coach training programmes to the [University Of Manchester](#)

Develop your expertise and accredit your experience as a professional coach and mentor.

Who is this qualification for?

This qualification is designed for senior managers or HR/OD professionals who want to develop their expertise and credibility in the fields of coaching and mentoring, or to establish coaching on an organisational level. It's also for professional coaches and mentors seeking to enhance and accredit their experience with a nationally recognised qualification.

Results for you

- Build the context, strategy, culture and processes for coaching and mentoring at a senior and strategic level;
 - Understand and analyse different coaching and mentoring models and their impact at executive level;
- * Make a real difference to leadership performance in your organization;
- Advance your coaching and mentoring skills to the next level;
- * Build your emotional intelligence, capacity to deal with inner game issues and make psychological interventions in your coaching practice;

- Plan, deliver and review coaching and mentoring with clients at a senior and strategic level.

Impact for your organisation

- Implement coaching in complex working environments or at a senior and strategic level in your organization;
- Ensure that your organisation's coaches and mentors are properly equipped with the skills, knowledge and ethical understanding they need;
- Benchmark your organisation's approach against the latest best practice;
- Measurable impact on leadership performance in the organization.

What is involved?

ILM Minimum Requirements

15 Learning Credits equivalent to 150 hours learning Minimum 45 hours of which to be guided learning

Breakdown Of Required Elements And Learning Hours

1/2 day Induction session

5 x 1 day workshops

4 x 1/2 day Coaching

Development Groups

(based on action learning principles, including 2 hours of group supervision)

2 x 1 hour 1-1 supervision sessions

3 x 1-1 tutorials to support your completion of the assessed elements

20 hours of Coach Practice

Setting up and preparing

For coach practice (including coaching supervision)

Reflective Learning and Development Of Coaching Diary

Preparation, research, writing

and submission of work based assignment

Self Directed Learning : development of a bank of coaching resources, engaging with virtual resources, contribution to group learning and personal research

Total : 171.5 hours of which 47.5 are guided learning hours

Outline Of Planned Content

1/2 day induction which will introduce the programme and allow space for delegates to understand the programme, its structure, how they will be assessed and supported. Also what the nature of executive and leadership coaching and mentoring within the candidates' organisations will look like and how this can be measured.

5 x 1 day modules which will build body of leadership and executive coaching and mentoring skills and knowledge.

2 x 1 day coaching development groups primarily focused on developing coaching skills and including observed practice. These also include group supervision and one of the half days will be solely devoted to group supervision.

Modules include substantial amounts of practice and feedback from both tutors and other delegates. Delegates will also participate in coaching demonstrations and practice in both small groups and "goldfish bowl setting" in modules three and four.

Delegates will also be required to practice 20 coaching hours with real clients over the course of the programme and keep a record of their coaching sessions and self reflections.

The Level 7 Programme also includes 2 x 1-1 sessions with coaching supervisor and 2 hours of group supervision.

This is a highly interactive programme with emphasis on both individual and group learning. The programme will include a substantial amount of in person learning with some virtual sessions.

Assessment methodology:-

- Delegates will be asked to keep a Coaching Reflective Diary to record their coaching practice - this will be monitored by the tutors, and candidates will be given ongoing feedback on their progress. They will need to commit to doing a minimum of 20 coach practice hours in total plus the coach practice on the modules. There will also be a written assignment.
- Each candidate will have a personal tutor and be offered 3 x 1 hour tutorials following the end of the taught element of the programme to assist with the completion of both the coaching diary and the assignment.
- Observed practice sessions with feedback will be run on each module and within the coaching development groups
- There will also be a requirement for self directed learning including reading, contribution to group learning in workshops, coaching development groups and group supervision, developing a bank of coaching resources and tools and personal reflection following feedback.

What Do Previous Delegates Say?

When I started my ILM7 I was so excited about meeting a group of likeminded people and to learn more about coaching. I didn't expect that it would be quite as transformational as it was! Lois created a space where we could all trust each other, learn from each other and experiment with new coaching styles and share new learning. The reading recommendations have been brilliant and I'm actually excited about writing the assignment as Lois has brought so much passion and meaning into the assessment phases of the course. I'd recommend Lois Burton's ILM courses (in fact anything she does!) to anyone interested in coaching and development.

Charlotte Flynn - University of Central Lancashire

I completed the ILM7 exec coaching qualification with Lois in 2019. The course was first class, I already had quite a comprehensive grounding in coaching prior to attending but the content and Lois's extensive expertise took my coaching practice to a new level. Lois's pragmatic style coupled with a very warm and non-judgmental approach made for a great learning environment. On the back of attending I felt confident to start exploring setting up my own coaching practice which prior to this I would not have felt prepared and equipped. Highly recommend 😊

Colette Lord - Co-op

Dates of 2025 Programme

2025

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| • Induction | 1 st May | 10.00 - 12.00 (in person) |
| • Modules 1-3 | 5 & 6 June | 10:00 – 16:00 (in person) |
| • Coaching Development Group 1 | 10 th July | 10:00 – 15:00 (online) |
| • Modules 4&5 | 4 th Sept | 10:00 – 16:00 (in person) |
| • Coaching Development Group 2 | 5 th Sept | 10.00 to 15.00 (online) |
| • Consolidation Day | 9 th Oct | 10.00 to 16.00 (online) |

The programme will be delivered with a blend of face to face sessions and online learning to cover the requirements for delegates to be skilled in both in person and online coaching. All in person sessions will be in a Central Manchester.

Total Cost £3,397.00 plus VAT : If you book before 17th April 2025 you can secure your place for £2,997.00 plus VAT (£400.00 discount)

Lois Burton Ltd
10th Floor
3 Hardman Street
Spinningfields
Manchester M3 3HF

Telephone : 07977071952 : Email : lois@loisburton.co.uk www.loisburton.co.uk