



## **ILM 7 CERTIFICATE IN EXECUTIVE COACHING AND MENTORING – 2019/20 Programme**

**A qualification offered by Lois Burton Ltd recommended supplier to the University Of Manchester**

Develop your expertise and accredit your experience as a professional coach and mentor.

### **Who is this qualification for?**

This qualification is designed for senior managers or HR/OD professionals who want to develop their expertise and credibility in the fields of coaching and mentoring, or to establish coaching on an organisational level. It's also for professional coaches and mentors seeking to enhance and accredit their experience with a nationally recognised qualification.

## **Results for you**

- Build the context, strategy, culture and processes for coaching and mentoring at a senior and strategic level;
- Understand and analyse different coaching and mentoring models and their impact at executive level;
- \* Make a real difference to leadership performance in your organization;
- Advance your coaching and mentoring skills to the next level;
- \* Build your emotional intelligence, capacity to deal with inner game issues and make psychological interventions in your coaching practice;
- Plan, deliver and review coaching and mentoring with clients at a senior and strategic level.

## **Impact for your organisation**

- Implement coaching in complex working environments or at a senior and strategic level in your organization;
- Ensure that your organisation's coaches and mentors are properly equipped with the skills, knowledge and ethical understanding they need;
- Benchmark your organisation's approach against the latest best practice;
- Measurable impact on leadership performance in the organization.

## What is involved?

### ILM Minimum Requirements

15 Learning Credits equivalent to 150 hours learning

Minimum 45 hours of which to be guided learning

### Breakdown Of Required Elements And Learning Hours

½ day Induction session	3 hours	(Guided Learning)
5 x 1 day modules	32.5 hours	(Guided Learning)
4 x ½ day Coaching Development Groups (based on action learning principles)	12 hours	(Guided Learning)
2 x masterclasses (optional)	6 hours	
Coach Practice	20 hours	
Setting up and preparing For coach practice (including coaching supervision)	15 hours	
Reflective Learning and Development Of Coaching Diary	26 hours	
Tutorials for Work based assignment 2 x 1 hour sessions	2 hours	(Guided Learning)
Preparation, research, writing and submission of work based assignment	33 hours	
Self Directed Learning	22 hours	development of a bank of coaching resources, engaging with virtual resources, contribution to group learning and personal research

**TOTAL**

**171.5 hours of which 47.5 are guided learning hours**

## Outline Of Planned Content

½ day induction which will introduce the programme and allow space for delegates to understand the programme, its structure, how they will be assessed and supported. Also what the nature of executive and leadership coaching and mentoring within the candidates' organisations will look like and how this can be measured.

5 x 1 day modules which will build body of leadership and executive coaching and mentoring skills and knowledge.

Modules include substantial amounts of practice and feedback from both tutors and other delegates. Delegates will also participate in coaching demonstrations and practice in both small groups and "goldfish bowl setting" in modules three and four.

Delegates will also be required to practice 20 coaching hours with real clients over the course of the programme and keep a record of their coaching sessions and self reflections.

To further support the learning, coaching development groups will be led by trained facilitators for 4 sessions. The aim will be to move the groups to become self supporting and these will then be there as an ongoing sustainable resource beyond the coaching programme.

Within the 2017 programme there will also be 2 x optional coaching masterclasses dates TBA including such topics as Mindfulness in Coaching and Developing Transformational Teams For Coaching

The Level 7 Programme also includes time with a coaching supervisor and this will be built into the programme.

## Assessment methodology:-

- Delegates will be asked to keep a Coaching Reflective Diary to record their coaching practice - this will be monitored by the tutors, and candidates will be given ongoing feedback on their progress. They will need to commit to doing a minimum of 20 coach practice hours in total plus the coach practice on the modules.
- Each candidate will have a personal tutor and be offered 2 x 1 hour tutorials during the programme to assist with the assessment of the diary.
- Practice sessions with feedback will be run on each module and within the coaching development groups
- There will also be a requirement for self directed learning including reading, contribution to group learning online, developing a bank of coaching resources and tools and personal reflection following feedback.

## Dates of 2019 Programme

- Induction 30<sup>th</sup> April 2019 (1/2 day - AM)
- Workshop 1: 6<sup>st</sup> June 2019 (full day)
- Coaching Development Group 1: 4<sup>th</sup> July 2019 (1/2 day - AM)
- Workshop 2: 5<sup>th</sup> September 2019 (full day)
- Coaching Development Group 2: 9<sup>th</sup> October 2019 (1/2 day - AM)
- Workshop 3: 7<sup>th</sup> November 2019 (full day)
- Coaching Development Group 3: 5<sup>th</sup> December 2019 (1/2 day - AM)
- Workshop 4: 16<sup>th</sup> January 2020 (full day)
- Coaching Development Group 4: 13<sup>th</sup> February 2020 (1/2 day - AM)
- Workshop 5: 5<sup>th</sup> March 2020 (full day)

Venue : Central Manchester

**Total Cost £2,997.00 plus VAT**

**£2,797.00 plus VAT if booked between 1<sup>st</sup> September  
– 30<sup>th</sup> November 2018**

Payment plans are available upon request

Lois Burton Ltd  
10<sup>th</sup> Floor  
3 Hardman Street  
Spinningfields  
Manchester M3 3HF  
Telephone : 0161 932 1551 : Email : [lois@loisburton.co.uk](mailto:lois@loisburton.co.uk)  
[www.loisburton.co.uk](http://www.loisburton.co.uk)